

# HORARIOS

## CONSTITUYENTES



	Lunes	Martes	Miercoles	Jueves	Viernes	Sabado
08.00	SPORTCYCLE	SPORT FUNCTIONAL	SPORTCYCLE	SPORT FUNCTIONAL	SPORTCYCLE	
09.00	LOCAL MIX	GAP	LOCAL MIX	GAP	LOCAL MIX	
10.00	YOGA	STRETCHING	YOGA	STRETCHING	YOGA	RITMOS LATINOS
11.00		CYCLE VIRTUAL 30'		CYCLE VIRTUAL 30'		SPORTCYCLE
13.00	SPORTCYCLE	SPORT FUNCTIONAL	SPORTCYCLE	SPORT FUNCTIONAL		
16.30						CYCLE VIRTUAL 30'
17.00		YOGA		YOGA		
18.00	TALLER DE ABS	HIIT	TALLER DE ABS	HIIT	TALLER DE ABS	
18.30	SPORTCYCLE AERO FIESTA		SPORTCYCLE AERO FIESTA		SPORTCYCLE AERO FIESTA	
19.00		SPORTCYCLE GAP		SPORTCYCLE GAP		
19.30	SPORTCYCLE FUNCTIONAL		SPORTCYCLE FUNCTIONAL		SPORTCYCLE FUNCTIONAL	
20.00		SPORTCYCLE POWER BAR		SPORTCYCLE POWER BAR		

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19.00		SPORTCYCLE GAP		SPORTCYCLE GAP		
19.30	SPORTCYCLE FUNCTIONAL		SPORTCYCLE FUNCTIONAL		SPORTCYCLE FUNCTIONAL	
20.00		SPORTCYCLE POWER BAR		SPORTCYCLE POWER BAR		